

Udruga za  
transakcijsku  
analizu, UTA

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poziva na radionicu

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# A relational approach to games and enactments

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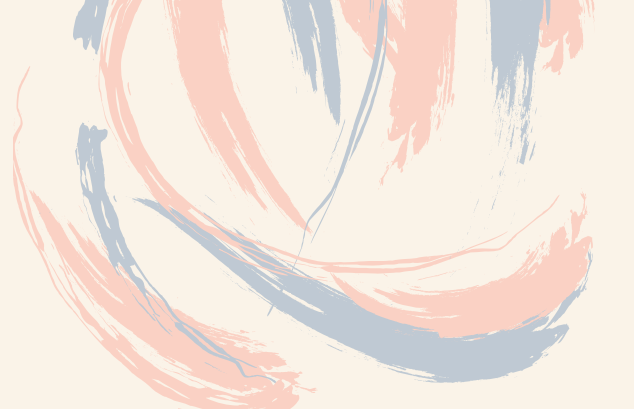


## A relational approach to games and enactments

*Based on the work of Eric Berne, Jo Stuthridge, Ed Novak, Charlotte Sills and others*

Relational transactional analysis views the therapy relationship as an encounter between two psyches with each partner contributing consciously and unconsciously to this process. Patterns belonging to both client and therapist emerge in the consulting room and become the intersubjective vehicle for exploration and understanding.

From this perspective, countertransference, mutual enactments, and games are no longer seen as unfortunate but rather as an important source of data.



This two-day workshop will explore these ideas using the model Berne (1964) described as 'three degrees' of games whose payoff involves three levels of progressively harmful behaviour. I will present this model, and invite participants to experiment with thinking about their countertransference at each level as a way to help therapist and client deepen their understanding of their scripts. We will also discuss the way unresolved transgenerational and intergenerational issues can be perpetuated in games.

Charlotte Sills MSc, TSTA is a Relational Transactional Analyst from London, UK. She is a UKCP registered psychotherapist, an accredited BACP supervisor and Professor of Coaching at Ashridge Business School.

Cijena: 1200kn (160€)

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